



## GROUND BEEF

### Grass Run Farms Taco Dip

Prep Time: 15 minutes  
Total Time: 30 minutes

Cook Time: 10 minutes  
Servings: 4-10

## INGREDIENTS

1 lbs Grass Run Farms® 80% Lean 20% Fat Ground Beef  
¾ Cup Water  
16 Oz Sour cream  
1 Lime, juiced and zested  
1 Tsp Cumin  
2 Pckts Taco Seasoning  
8 Oz Cream cheese, softened  
1 Tsp Garlic powder  
Salt to taste

## TOPPINGS

2 Cups Lettuce, chopped  
1 Can Tomatoes, diced  
¼ Cup Purple onion, chopped  
Tortilla chips, for serving  
1 Cup Mexican Cheese, shredded  
1 Can Green chiles, chopped  
1 Avocado, chopped

## PREPARATION

1. In a large skillet, cook and crumble grass fed ground beef over medium heat for four to six minutes until cooked through; drain.
2. Add one packet of taco seasoning and water and cook for two minutes until thickened.
3. In a large bowl, stir together cream cheese, sour cream, second packet of taco seasoning, garlic powder, cumin, juice and zest of lime, and salt.
4. Spread mixture into baking dish or tray. Layer cooked ground beef on top.
5. Top with lettuce, cheese, tomatoes, chiles, onion, and avocado. Serve with chips.

*Recipe Courtesy of Grass Run Farms*  
[www.grassrunfarms.com](http://www.grassrunfarms.com)