



GROUND BEEF

Wholesome Summer Burger

Servings: 6

INGREDIENTS

6 frozen 100% grass fed ground beef burger patties
6 whole grain sprouted wheat buns
2 heirloom tomatoes
1 cucumber
Alfalfa sprouts

PREPARATION

1. Grill your Grass Run Farms patties as directed on the package
2. Slice open bun and add lettuce
3. Place burger on top of lettuce
4. Slice heirloom tomatoes
5. Thin slice cucumber
6. Top burger with tomatoes, cucumber and sprouts
7. Finish with your favorite burger dressing
8. Enjoy!

Recipe Courtesy of Grass Run Farms
www.grassrunfarms.com