



GROUND BEEF

Homemade Sloppy Joes

Recipe Time: 40 minutes

Servings: 6

INGREDIENTS

1 pound Grass Run Farms® ground beef
3 tbsp butter
1 diced green bell pepper
1/2 yellow onion
2 cloves minced garlic
1/3 cup water
1 tsp Worcestershire sauce
2/3 cup ketchup
1 tbsp tomato paste
1 tbsp brown sugar
2 tsp yellow mustard
1 tsp salt
1 tsp pepper
1 tsp red pepper flakes
Hot sauce to your liking
Gruyere cheese
Brioche Buns

PREPARATION

1. Brown 1 pound of ground beef in a skillet with some butter. Remove and drain the beef when browned.
2. Add diced green bell pepper, yellow onion, and minced garlic to the same skillet.
3. Let the pepper, onion, and garlic cook for 3-4 minutes until softened. Then add water, Worcestershire sauce, ketchup, tomato paste, brown sugar, yellow mustard, salt, pepper, red pepper flakes, and hot sauce.
4. Mix everything together and add the ground beef.
5. Let the mixture simmer for 10 minutes and grate in some gruyere cheese.
6. Mix and serve on a toasted brioche bun.

Recipe Courtesy of Grillin With Dad for Grass Run Farms
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