



STEW MEAT

Grass Run Farms Insta Pot Chipotle Stew

INGREDIENTS

2 16 oz packages Grass Run Farms Stew Meat

1 7 oz can chipotle peppers in adobo, chopped (Use ½ can if you are sensitive to heat)

2 15 oz can black beans

1 14 ½ oz can diced tomato

1 small yellow onion, chopped

Tortilla chips for serving

Sour cream for serving

Sliced avocado for serving

PREPARATION

1. In the Insta Pot, use the sauté setting to brown the stew meat. (Pro tip: browning happens faster if you add the meat in two separate batches.)
2. Add the chipotle peppers, black beans, diced tomato, and chopped onion to the Insta Pot.
3. Set Insta Pot to meat/stew setting and let it cook (about 40 minutes).
4. When the Insta Pot is done, serve the stew in bowls with crushed tortilla chips and a dollop of sour cream and sliced avocado.