



GROUND BEEF PATTIES (TRAY)

Grass Run Farms Burger Salad with Creamy Pesto Dressing (Low Carb)

Prep Time: 5 minutes
Cook Time: 10 minutes
Total Time: 15 minutes
Servings: 4
Cooking Method: Grill

INGREDIENTS

1 package Grass Run Farms Ground Beef Patties (Tray)
4 servings arugula
6 oz cherry tomatoes, cut in half
1 cucumber, sliced
2 green onions, chopped
1 avocado, sliced
1 sweet bell pepper, chopped
2 Tbsp mayo
1 3 oz jar pesto
2 Tbsp apple cider vinegar
4 oz package shaved parmesan
Salt and pepper to taste

PREPARATION

1. Pre-heat grill to medium-high heat.
2. Place Grass Run Farms Ground Beef Patties directly on the grill and cook for about 3 minutes on each side or until the internal temperature reaches 160 degrees F or your preferred doneness.
3. Arrange arugula, tomato, cucumber, onion, avocado, and pepper on 4 serving plates.
4. Whisk together mayo, pesto, and apple cider vinegar until well combined.
5. Place burger on top of salad and drizzle with creamy dressing.
6. Sprinkle salad with parmesan, salt, and pepper to taste and serve.